The Meaning and Purpose of SuperYoga Science.

I. The condition of life which man finds surrounding him.
   A. In normal individual is love of justice, brotherhood, nobility, truth, beauty, etc.
   B. 1. This is shown in the credit we give those who reflect these qualities.
      B. We find in life as reflected about us most of the time the opposite of these qualities.
         1. Corruption, injustice, cruelty, dishonor, hatred, etc.
   C. In his own nature everybody finds these two sets of qualities contrasted.
      1. Story of Dr. Jekyll and Mr. Hyde.
      2. We do those things we should not do and leave undone those things we should do.
   D. The consequence is misery.

II. The Law of Cause and Effect of Karma.
   A. Man produces the experiences which he experiences.
      1. This implies reincarnation.
      Man sets up causes thru the action of his desire
      3. Because of the contradictory of desires he suffers.
      4. Thru recurrent action of Desire of the same type he becomes tied to the wheel.

III. Purpose of Yoga is to free man from misery.
   A. This is a science based upon a philosophy.
   B. The philosophy is that man is in reality God, but his consciousness has become confused.
      1. Story of Narsissus and the story of the dog in the room of mirrors.
   C. The science is the formulation of the method to become freed from this confusion.
   D. The Plato story of the cave.

IV. Brief discussion of different types of Yoga.

V. Discussion of steps common to all Yoga.

VI. Fruits of Yoga.
   A. Minor fruits or the powers.
   B. Great fruit or Liberation.