The Elixir of Life.

I. Literature filled with references.
   A. Ponce de Leon, Marie Correlli, Balzac.
   B. All traditions deeply imbedded in race consciousness are based on some reality however distorted.
   C. These accounts are given in external terms but must be taken in symbolical sense.

II. Western view of Life.
   A. Involves distinction between organic and inorganic.
      1. This dualism not satisfactory.
   B. Effort to secure unity by interpreting life as a chemical phenomenon.
      1. Statement of chemist that this demands too much of chemistry.
      2. This course would seek unity in terms of the inorganic.

III. Yoga philosophy asserts the unity of the organic and inorganic in living or conscious terms.
   A. Denies the mechanical interpretation of phenomena.
      1. Mechanical interpretation work as first approximations.
         a. Newtonian mechanics applies to relatively gross determinations but fails when observation is carried far enough.
         b. Mechanical interpretation is really statistical.
         c. Modern physics of atom and radiant energy has been forced to face breakdown of mechanical interpretation.
   B. All Being is living conscious Being.
      1. The degree of consciousness simply varies in the different stages of unfoldment.
   C. Reasonableness of this view.
      1. All that has any meaning for us is within the field of consciousness.
      2. Illustration of constructive power of consciousness in hypnotism and suggestion.

IV. Life is an universal force prior to and in command over electricity, light et cetera.
   A. Life has a similarity to electricity.
   B. Living forms are sustained in the sea of Life drawn from the sun.
      1. Cosmic rays and occult statement that Life is drawn in thru upper atmosphere.
   C. Life especially associated with subtle side of Oxygen.
      1. So long as organisms in body fed this principle they remain constructive.
      2. Otherwise they draw life from neighboring cells and become devourers.
         a. Hence importance of oxygenation in living long life
3. Ordinarily building up process dominates first 35 years.
4. This process is potentially under control of conscious Self.

V. Life energy subject to the occult power of sound.
   A. Sound attribute of Akasha from which life as a force emanates.
   B. Discussion of significance of Sound.