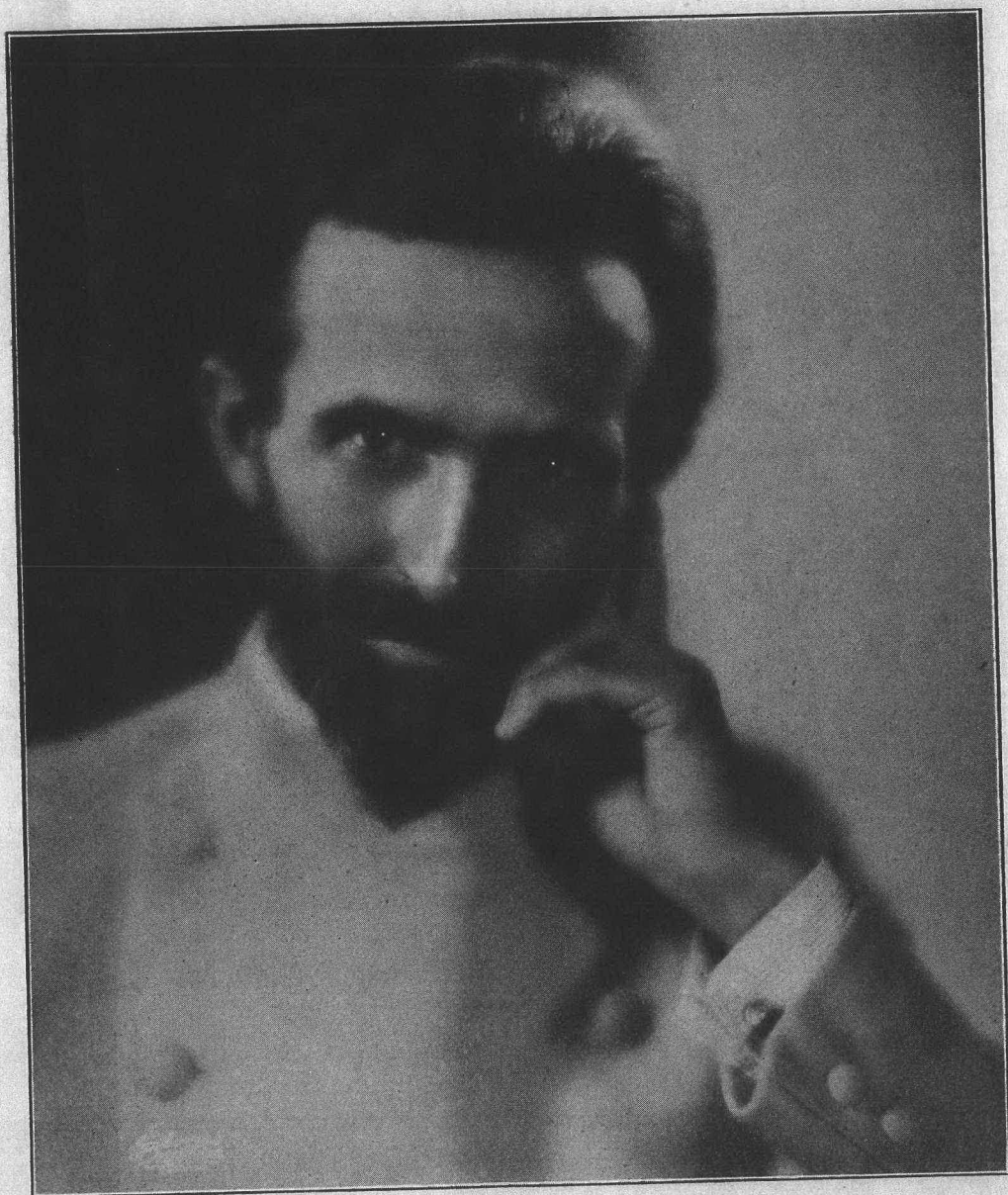


# Mantra Yoga Science

Power of Visualization, Concentration  
and Meditation



YOGAGNANI

FREE LECTURES SUNDAYS AT 3:30 AND 8:00 P. M.

## Course of Instruction in Practical Mantra Yoga

The object of this course is two-fold: (a) to furnish an outline of the principles and purpose of Yoga as a philosophy of life, and (b) to train students in the practical technique of Mantra Yoga Science.

This work is planned to meet the needs of the widest possible range of students. Advanced education or a high order of intellectual capacity is not required in order to understand the use of the technique nor to attain practical results of great value. At the same time the course offers food which will nourish the world's greatest intellects.

No restrictions whatsoever are made upon the student's religious, sociological or philosophical affiliations. The Keynote of Yoga Philosophy is FREEDOM. A student may belong to any religion or denomination of a religion. He will simply find a greater power to penetrate into and appreciate the real truths and values in his religion. In the sociological field the student will find his understanding of man vastly extended, while in addition he will find himself possessed of an undreamed of power to help his fellow-men, either individually or collectively. The philosopher will find a new door opened for penetration into the mysteries of consciousness and relationship.

Following is an incomplete classification of the powers which can be realized through application of the principles and technique taught in this course:

1. Control of the body and the senses so that they will function with vastly increased efficiency.
2. Control of the modifications of the mind, so that the student may be able to concentrate and become intellectually competent.
3. The power to control and overcome all negative emotional states, such as anger, hatred, envy, fear, worry, etc.
4. The power to heal oneself of negative conditions of the body called diseases, without the use of drugs, manipulations or auto-suggestion.
5. Control of the Life-principle so that the student becomes always positive and dynamic and hence protected from dangers within and without.
6. The power to overcome negative psychic states and all unwelcomed or distorted inner visioning.
7. The power to build true inner perception.
8. The awakening of intuition which will direct and guard the student in his field of work and study.
9. The power to break through Illusion or Maya and find Reality.
10. Means to heal other people which involves no diagnosis, prescribing, laying-on of hands nor suggestion.
11. Power to handle one's financial problems and to help others with their problems.
12. A means to secure employment when out of work, and to secure a just return for labor when under-compensated.

13. Power to handle labor problems in a way that will be just to all persons involved.
14. A means to secure the objects of desire provided the thing desired does not work an injustice on others.
15. A technique for freeing the student's house from all manner of pests, human, animal and insect!
16. Power to heal and relieve from suffering the student's pets or other dumb creatures.
17. Technique for the controlling of the action of the elements such as rain, snow, fog, storms, etc.
18. Power to help those who are insane or those who are obsessed.
19. A means to leave the body, positively and consciously in perfect safety, both during life and at the time of death.
20. A means to purify the body, the emotions and the mind, partly by the technique and partly by diet.
21. A means of awakening super-consciousness, sometimes called Cosmic-consciousness, Christ-consciousness, God-consciousness or Four-dimensional consciousness.
22. A simple means of controlling the Serpent Power or Kundalini, which is the instrument employed by the Yogi in his exercise of super-normal power over Consciousness and Nature.
23. A method of awakening latent centers of consciousness in man by which immediate knowledge is unfolded.
24. Power to control the negative psychic aspect of the Solar-plexus and awaken the positive Solar Power.
25. A simple but powerful method of meditation by which the consciousness may be raised at will.
26. A way to intone the Pranava, or the Mystic Word, so as to free and exalt consciousness.
27. The student becomes equipped with signposts which direct him along the Path to Adeptship.
28. Greatest of all the student has in his hands a charted road to the Realization of his own Divine Being, which being once realized, leaves him FREE, with powers beyond expression his to use henceforth.

It is said that Gautama Buddha became a beggar so that those whom he wished to serve could make such service possible by offering to him that which was required for his physical sustenance. The Law of Compensation is an inviolable Occult Law. Man can receive only as he gives. This course is offered to the students in accord with this Law of Compensation. But no student is asked to pay out money blindly. At the end of the course every student is given an opportunity to have his money refunded if for any reason he is dissatisfied.

The course of instruction takes six consecutive evenings. After a student has once taken the course he is welcome to attend all subsequent classes free of all further cost.

For further information communicate with

SHILA A. MERRELL-WOLFF, Secretary.

Permanent address: Box 626, San Fernando, Calif.

# FREE PUBLIC LECTURES

— by —

## YOGAGNANI

SUNDAYS at 3:30 and 8:00 P. M.

Everyone Cordially Invited

1. In the Heart of the Sun.
2. The Mathematics of the Infinite. ✓
3. What Happens After Death. ✓
4. The Astral Light. ✓
5. Reincarnation. ✓
6. Geology with Occult Correlations.
7. Chemistry with Occult Correlations.
8. Astronomy with Occult Correlations.
9. Mathematics with Occult Correlations.
10. The Nirmanakaya Robe. ✓
11. The Akashic Record. ✓
12. The Involution and Evolution of Life.
13. Personal vs. Cosmic Consciousness. ✓
14. The Law of Cycles.
15. The Philosopher's Stone.
16. Fourth Dimensional Consciousness and Power. ✓
17. Masters, Adepts and Avatars. ✓
18. Man—Superman or Slave? ✓
19. YOGA; Its Power of Transformation. ✓
20. Squaring the Circle. ✓
21. Present Scientific Concepts and the Ancient Wisdom.
22. The Hidden Powers of Sound. ✓
23. The Secret of a Successful Life. ✓
24. The Elixir of Life. ✓
25. The Golden and Aluminum Keys. ✓
26. The Coming Race of Supermen. ✓
27. *Civilization - Looking Forward* ✓

Training Classes in Mantra Yoga Meet Daily