

Running Commentary Following Gertrude's Death

Part 38 of 53

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The stress problem in the solar plexus region seems to be growing in its importance. It's becoming difficult to overcome its negative effect. I think it is quite clearly psychical in origin.

I read something today that gave me quite a boost psychologically, although I don't think it was valid. Nonetheless, things that give to one a certain feeling of expansion or importance seem to help. I don't know whether I can maintain this organism until the age of ninety-nine unless I do get some real backup.