

- I. In logical sense the problem of Reality and of practice should be approached first thru problem of knowledge.
 - A. From this follows the Metaphysics which in turn implies corresponding principles of;
 1. Science or formulation of relationships existing in the world of things.
 2. Ethics or formulation of principles governing subjective relationships, in connection with attitudes or purpose.
 - B. From the foregoing follows actual life practice.
- II. Complete treatment in the above sense impractical in speaking to general audiences.
 - A. Reference to the Kantian pedagogical principle of addressing medial portion of class.
 - B. Accordingly the problem is approached pragmatically starting with the typical life situation.
- III. As we face the actual life-situation we are confronted with a two-fold problem, one aspect intellectual, one emotional.
 - A. Intellectually; we are continually defeated in the effort to find the Real.
 1. Science has forced us to a position where neither Time nor space are real but derivative from something more ultimate.
 2. Work on the atom has thrown into doubt our presuppositions of continuity.
 3. In a word all our work leads to approximation only and seems ever to be in a state of Becoming.
 - B. Emotionally; we are surrounded by failures of our ideals, suffering, and loss of those dear to us.
 1. Many feel the world-pain so keenly that they react with suicide, suppression of consciousness in all kinds of intoxications, cynicism, etc.
 2. We are oppressed with the fight between the Dr. Jekyll and Mr. Hyde in our own natures.
- IV. Yoga philosophy states that the cause of this dual set of problems is due to the following causes:
 - A. The effort to solve the problem of Reality with an incomplete cognitive technique.
 - B. By the almost universal identification of Self with not-self.
- V. Yoga science is a technique by which new cognitive powers may be awakened.
 - A. With this awakening either old problems are solved or they disappear as problems.
 - B. The Path must be walked before the problems can be solved.
 1. In other words, to know the Doctrine the student must ~~live~~ live the Life.
 2. It follows that knowledge of the Wisdom Religion is dependent upon ~~ethical~~ ethical practice.
 - a. This stands in contrast with Western science.
 - (1) The curse of this shown in the recent war.
 - b. The reason why great spiritual teachers always emphasize ethical conduct.
- VI. Proceed to No. II under "Different forms of Yoga and their Purpose"

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1. The first step in the process of the development of a new product is the identification of a market need. This is often done through market research, which can be conducted in a variety of ways, including surveys, focus groups, and interviews. The goal is to understand what customers want and what problems they are trying to solve.

2. Once a market need has been identified, the next step is to develop a concept for a product that meets that need. This involves brainstorming ideas and creating a rough sketch of the product. It is important to consider the feasibility of the idea and to ensure that it is unique and innovative.

3. The third step is to create a prototype of the product. This can be done using a variety of materials and techniques, depending on the nature of the product. The prototype is used to test the product and to gather feedback from potential customers. This feedback is used to make improvements to the product and to refine the design.

4. The fourth step is to conduct a market test. This involves selling the product to a small group of customers and monitoring their reactions. This helps to determine if the product is viable in the market and if it is worth the investment in full-scale production.

5. The final step is to launch the product into the market. This involves creating a marketing plan and promoting the product through various channels, such as advertising, public relations, and sales. It is important to monitor the product's performance in the market and to make adjustments as needed.