

Yoga

This plane of life is Maya for the reason that when the whole cycle is taken all parts cancel each other by mutual opposition.

A tendency may be shown in a segment, and one whose consciousness sees only such a segment will say, "That tendency is the reality".

Such is the position, for instance, of New Thought.

We have the practical and ideal selves corresponding to the phenomenal and noumenal worlds.

To rise from the phenomenal to the noumenal is to walk the path of Yoga.

One may receive glimpses of the higher ideal consciousness when overpowering experience comes to the practical self as suffering, inspiration from noble work of art, great objects of nature etc.

We have the common fact of the duality in human nature, the higher and the lower.